



LEHIGH VALLEY MARTIAL ARTS



Our Mission:

To Believe in, Push and Inspire everyone in our family to continually become a better version of themselves

TREXLERTOWN

Monday	Tuesday	Wednesday	Thursday	Friday
Little Ninjas 3:15 - 3:45		Little Ninjas 3:15 - 3:45		
Advanced 4:15 - 5:00	Intermediate 4:15 - 5:00	Beginner 4:15 - 5:00	Advanced 4:15 - 5:00	Beginner 4:15 - 5:00
Leadership 5:00 - 5:15	Leadership 5:00 - 5:15		Leadership 5:00 - 5:15	
Intermediate 5:15 - 6:00	Little Ninjas 5:15 - 5:45	Intermediate 5:00 - 5:45	Little Ninjas 5:15 - 5:45	Leadership 5:00 - 5:15
Tutoring 6:00 - 6:30	Beginner 5:45 - 6:30	Advanced 6:00 - 6:45	Beginner 5:45 - 6:30	Intermediate 6:15 - 7:00
Instructor Training - Invite Only 6:00 - 6:30				
Expert 6:30 - 7:45	Silver 6:30 - 7:15	Expert 6:45 - 8:00	Silver 6:30 - 7:15	Leadership 7:00 - 7:15
Leadership 7:30 - 7:45	Leadership 7:15 - 7:30	Leadership 7:45 - 8:00	Leadership 7:15 - 7:30	Advanced 7:15 - 8:00
Teen & Adult 7:45 - 8:30	Tai Chi 7:30 - 8:30	Teen & Adult 8:00 - 8:45	Tai Chi 7:30 - 8:30	

Effective: January 1, 2026

- ◊ *Private lessons with an instructor are available by appointment.*
- ◊ *Tutoring sessions must be reserved in advance.*
- ◊ *Karate Levels: Beginner, white-yellow; Intermediate, yellow-high green; Advanced, red-high brown; Silver, Silver; Expert, Black Belt*

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