



# LEHIGH VALLEY MARTIAL ARTS



*Our Mission:*

*To Believe in, Push and Inspire everyone in our family to continually become a better version of themselves*

## BETHLEHEM

Monday	Tuesday	Wednesday	Thursday	Friday	
Little Ninjas 4:00-4:30		Little Ninjas 4:00-4:30			
Beginner 4:30-5:15	Intermediate 4:15-5:00	Beginner 4:30-5:15	Intermediate 4:15-5:00	Advanced 4:15-5:00	
	Leadership 5:00-5:15		Leadership 5:00-5:15	Leadership 5:00-5:15	
Intermediate 5:30-6:15	Little Ninjas 5:15-5:45	Intermediate 5:30-6:15	Little Ninjas 5:15-5:45	Beginner 5:15-6:00	
Leadership 6:15-6:30		Leadership 6:15-6:30			
Advanced 6:30-7:15	Beginner 5:45-6:30	Advanced 6:30-7:15	Beginner 5:45-6:30	Black Belt 6:00-7:15	
Black Belt 7:15-8:15	Silver Belt 6:30-7:15	Tutoring 6:30-7:00	Black Belt 7:15-8:15	Silver Belt 6:30-7:15	Tutoring 6:30-7:00
Leadership 8:15-8:30	Leadership 7:15-7:30	Leadership 8:15-8:30	Leadership 7:15-7:30		
Teen/Adult 8:30-9:15		Teen/Adult 8:30-9:15			

**Effective: February 2<sup>nd</sup>, 2026**

- ◇ *Private lessons* with an instructor are available by appointment.
- ◇ *Tutoring sessions* must be reserved in advance.
- ◇ *Karate Levels:* Beginner, white-yellow; Intermediate, yellow-high green; Advanced, red-high brown; Silver, Silver; Expert, Black Belt

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